

MUHAMMADIYAH HEALTH AND DAY CARE CENTRE



ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31st March 2021

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CHAIRMAN'S MESSAGE



May peace be upon everyone,

MHCC started its financial year with a struggle as the world was hit with a pandemic, and our country was affected no less, leading us to a Circuit Breaker. With the Circuit Breaker in place, we were faced with great challenges as the centre had to be closed, affecting most of our clients, their rehab plans, and outcomes.

During the phase 1 Circuit Breaker, we could only reach out to our clients with limited resources via online videos and tutorials for rehab sessions. MHCC eventually managed to provide home rehab to a limited number of clients after careful considerations and planning during the second Circuit Breaker.

After more than two months of closure, MHCC were finally able to resume services. Abiding to the safe distancing measures, restricted number of clients were attended to, and staff worked from home on rotational basis.

Today, a year after the pandemic, MHCC has adapted to the new norm and are able to resume its services fully. Staff and clients are all fully vaccinated to ensure we are all well protected against the virus. MHCC is now operating with extra precautions with our SOP in place in case Covid-19 hits us.

We also look forward to start some of our new services such as Dementia Day Care, Maintenance Day Care and Centre Base Nursing, on top of the latest services that we provide this year, Advance Care Planning and Senior Activity Centre.

Despite the pandemic, we are in full spirit to provide holistic eldercare services and contribute to better health and wellbeing of our elderly in Singapore. Therefore, we would like to thank our partners, donors and supporters for walking this journey with us. We truly appreciate your support and contribution to MHCC. Let's care for our seniors together!

Muhammad Azri Azman
Chairman
Muhammadiyah Health and Day Care Center

CHARITY PROFILE

OVERVIEW



Muhammadiyah Health and Day Care Centre (“MHCC”) was registered as a society in 15/11/1997. It was registered as a charity under the Charities Act (Chapter 37) since 30/04/1997. MHCC is an IPC Status (Institution of a Public Character) Charity

VISION



To provide holistic eldercare services through innovative solutions towards better health & wellbeing.



MISSION

To enrich lives within our community by serving with care & compassion through affordable, professional & personalised services for the sick and aged in Singapore



LOCATION

Eunos Branch
Muhammadiyah Health and Day Care Centre

Yishun Branch
Muhammadiyah Senior Activity Centre

CONTACT



10 Eunos Crescent #01-2711
Singapore 40010



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6741 4779



UEN: T13CC0002A

GOVERNING BOARD MEMBERS



Ustaz Muhamamd Azri Bin Azman
Chairman
Date of Appointment: 01/04/2019
Attendance: 4 out of 4



Mdm Roszannah Binte Abdul Salim
Chief Executive Officer
Date of Appointment: 01/04/2019
Attendance: 4 out of 4



Ms Nurjannah Binte Jumahat
Chief Finance Officer
Date of Appointment: 01/04/2020
Attendance: 3 out of 4



Dr Muhammad Rahizan Bin Zainuldin
Management Committee Member
Date of Appointment: 01/04/2019
Attendance: 4 out of 4



Mr Hassanudin Bin Mohamed
Management Committee Member
Date of Appointment: 01/04/2019
Attendance: 4 out of 4



Mr Hamzah Bin Abbas
Management Committee Member
Date of Appointment: 01/04/2019
Attendance: 4 out of 4



Dr Mohamed Iqbal Bin Abdullah
Management Committee Member
Date of Appointment: 01/04/2019
Attendance: 2 out of 4



IMPACT ON COMMUNITY



1447

Total Clients served



Average Admission/
month



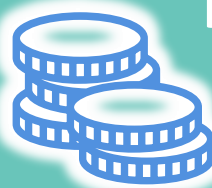
790
Average visit/month

\$207,759.16



35
Average clients/day

Charity Discount in
FY20



SERVICES & PROGRAMMES



Day Care

Active Ageing Programmes
Arts & Crafts
Simple Gardening
Handicrafts
Simple Cooking/ Baking



Day Rehab

Active Rehab
Maintenance Exercise
Group Exercise

Health Education

High Blood Pressure
Dementia Awareness
High Blood Sugar
High Cholesterol
Fall Precaution
Caregiver Training



Advanced Care Planning

Eldercare Service
Befriending Service
Community Screener
Alert Alarm System
Information and Referral



Health Monitoring

Blood Pressure Monitoring
Blood Sugar Level
Monitoring



Senior Activity Centre (MSAC)

Active Ageing Programmes
Arts & Crafts
Simple Gardening
Handicrafts
Simple Cooking/ Baking



SENIOR ACTIVITY CENTRE

Started operations in March 2020



Closed within a month of operations due to Circuit Breaker

Rotational staff on duty to monitor Alert Alarm System



Service resumption in June 2020 with safe distancing measures



Outreach to the resident to introduce MSAC



ELDERCARE SERVICES



Befriending Services



Manning of Alert Alarm System (AAS)



Information & Referrals assistance



Weekly visits to frail and/or home-bound seniors



Volunteer Management



Active Ageing Programmes

1. Rise in Covid-19 cases in the community



2. Circuit Breaker
7 Apr 2020- 1 June 2020



8. Compliant to wearing face mask at all times



3. Staff work from home



AFFECTED SERVICES

7. Adhere to the safe distancing measures



4. Provided Home Rehab during 2nd Circuit Breaker



5. Service Resumptions
15 June 2020



6. PCR Swab done for all staff



OUTREACH & FUNDRAISING EVENTS

Friday Mosque Collection (Virtual)

1



Managed to raise \$11,380 through our virtual Friday Mosque Collection

2

HAPPY Programme (Yishun SAC)



CNY Chicken Rice Distribution

3



FEATURED STORIES

SINGAPURA
BeritaHarian

Terkini Covid-19 Podcast Video

Setempat Alasan Percuma

Usaha khusus perlu demi didik generasi muda tentang keharmonian kaum

Murali Pillai ISA ISD

NURULAIN RAZALI
Feb 21, 2021 | 05:30 AM

Disiarkan artikel ini untuk diterbitkan semula



UCAP TERIMA KASIH: Encik Murali (berbaju merah) menyertai pengedaran makanan di Blok 210A Bukit Batok Street 21 semalam. Antara relawan yang terlibat ialah Encik Fadzul Iman, 45 tahun, diripada kumpulan Bikers Suburban Singapura (bertopi kiri). Bersama mereka ialah Setiausaha Umum, Persatuan Muhammadiyah, Cik Roszannah Abdul Salim (kanan). - Foto PERSATUAN MUHAMMADIYAH

USAHA khusus perlu diadakan demi mendidik generasi muda tentang keharmonian antara bangsa dan agama yang sekian lama terbina di Singapura.

Menurut Anggota Parlimen (AP) dan Penasihat Pertubuhan Akar Umbi (GRO) Bukit Batok, Encik Murali Pillai, pemerintah ada menyediakan rancangan mempererat hubungan sesama warga.

By Berita Harian, 21 Feb 2021,
“Specific efforts necessary to educate the younger generation about racial harmony”

By Berita Harian, 21 Feb 2021,
“Muhammadiyah Association plans to expand services regardless of race and religion”

SINGAPURA
BeritaHarian

Terkini Covid-19 Podcast Video

Setempat Alasan Percuma

Persatuan Muhammadiyah rancang perluas khidmat tidak kira bangsa dan agama

muhammadiyah Bukit Batok IRCC

NURULAIN RAZALI
Feb 21, 2021 | 05:30 AM

Disiarkan artikel ini untuk diterbitkan semula



HULUR BANTUAN: Encik Murali (berbaju merah) menghulurkan dua bungkus nasi ayam masakan chef selebriti Syed Shah dan beg cenderahati kepada Cik Caya Jantan, semalam. Bersama mereka ialah Cik Roszannah Abdul Salim (tiga dari kiri), Ustaz Md Azri Azman (empat dari kiri) dan pengurus Pusat Kesihatan dan Jagaan Slang Muhammadiyah (MHCC) Encik Sidiq Rahim. - Foto PERSATUAN MUHAMMADIYAH

PADA tahun ini dan selanjutnya, Persatuan Muhammadiyah akan memajukan lagi khidmat yang ditawarkan kepada warga Islam dan warga Singapura secara am.

Antara lain, persatuan tidak meraih keuntungan yang ditubuhkan pada 1957 itu akan memperluas cakupan pengagihan bantuan ke kawasan barat dan tidak terhad kepada kawasan timur Singapura saja.

UPCOMING PLANS

Centre Renovation



Dementia
Friendly Centre

Expand space for
more clients



New Facility

plans to
expand its
services and
facilities

FACILITY EXPANSION

PROGRAMMES DEVELOPMENT

Dementia Day Care

Centre Based Nursing

Advanced Care Planning for the Community

CODE OF GOVERNANCE

CHECKLIST

S/N	Code guideline	Code ID	Response
Board Governance			
1	Induction and orientation are provided to incoming governing board members upon joining the Board.	1.1.2	Complied
	Are there governing board members holding staff ¹ appointments? (skip items 2 and 3 if “No”)		No
2	Staff does not chair the Board and does not comprise more than one third of the Board.	1.1.3	
3	There are written job descriptions for the staff’s executive functions and operational duties, which are distinct from the staff’s Board role.	1.1.5	
4	The Treasurer of the charity (or any person holding an equivalent position in the charity, e.g. Finance Committee Chairman or a governing board member responsible for overseeing the finances of the charity) can only serve a maximum of 4 consecutive years.	1.1.7	Complied
	If the charity has not appointed any governing board member to oversee its finances, it will be presumed that the Chairman oversees the finances of the charity.		
5	All governing board members must submit themselves for re-nomination and re-appointment, at least once every 3 years.	1.1.8	Complied
6	The Board conducts self evaluation to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter.	1.1.12	Complied
	Is there any governing board member who has served for more than 10 consecutive years? (skip item 7 if “No”)		No
7	The charity discloses in its annual report the reasons for retaining the governing board member who has served for more than 10 consecutive years.	1.1.13	
8	There are documented terms of reference for the Board and each of its committees.	1.2.1	Complied

CODE OF GOVERNANCE

CHECKLIST

S/N	Code guideline	Code ID	Response
Conflict of Interest			
9	There are documented procedures for governing board members and staff to declare actual or potential conflicts of interest to the Board at the earliest opportunity.	2.1	Complied
10	Governing board members do not vote or participate in decision making on matters where they have a conflict of interest.	2.4	Complied
Strategic Planning			
11	The Board periodically reviews and approves the strategic plan for the charity to ensure that the charity's activities are in line with the charity's objectives.	3.2.2	Complied
Human Resource and Volunteer Management			
12	The Board approves documented human resource policies for staff.	5.1	Complied
13	There is a documented Code of Conduct for governing board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied
14	There are processes for regular supervision, appraisal and professional development of staff.	5.5	Complied
	Are there volunteers serving in the charity? (skip item 15 if "No")		Yes
15	There are volunteer management policies in place for volunteers.	5.7	Complied

CODE OF GOVERNANCE

CHECKLIST

S/N	Code guideline	Code ID	Response
Financial Management and Internal Control			
16	There is a documented policy to seek the Board's approval for any loans, donations, grants or financial assistance provided by the charity which are not part of the charity's core charitable programmes.	6.1.1	Complied
17	The Board ensures that internal controls for financial matters in key areas are in place with documented procedures .	6.1.2	Complied
18	The Board ensures that reviews on the charity's internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied
19	The Board ensures that there is a process to identify, and regularly monitor and review the charity's key risks .	6.1.4	Complied
20	The Board approves an annual budget for the charity's plans and regularly monitors the charity's expenditure.	6.2.1	Complied
	Does the charity invest its reserves (e.g. in fixed deposits)? (skip item 21 if "No")		No
21	The charity has a documented investment policy approved by the Board.	6.4.3	
Fundraising Practices			
	Did the charity receive cash donations (solicited or unsolicited) during the financial year? (skip item 22 if "No")		Yes
22	All collections received (solicited or unsolicited) are properly accounted for and promptly deposited by the charity.	7.2.2	Complied
	Did the charity receive donations in kind during the financial year? (skip item 23 if "No")		No
23	All donations in kind received are properly recorded and accounted for by the charity.	7.2.3	

CODE OF GOVERNANCE

CHECKLIST

S/N	Code guideline	Code ID	Response
Disclosure and Transparency			
24	The charity discloses in its annual report — (a) the number of Board meetings in the financial year; and (b) the attendance of every governing board member at those meetings.	8.2	Complied
	Are governing board members remunerated for their services to the Board? (skip items 25 and 26 if “No”)		No
25	No governing board member is involved in setting his own remuneration.	2.2	
26	The charity discloses the exact remuneration and benefits received by each governing board member in its annual report. <u>OR</u> The charity discloses that no governing board member is remunerated.	8.3	
	Does the charity employ paid staff? (skip items 27, 28 and 29 if “No”)		Yes
27	No staff is involved in setting his own remuneration.	2.2	Complied
28	The charity discloses in its annual report — (a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity’s subsidiaries) exceeding \$100,000 during the financial year; and (b) whether any of the 3 highest paid staff also serves as a governing board member of the charity.	8.4	Complied
	The information relating to the remuneration of the staff must be presented in bands of \$100,000. <u>OR</u> The charity discloses that none of its paid staff receives more than \$100,000 each in annual remuneration.		

CODE OF GOVERNANCE

CHECKLIST

S/N	Code guideline	Code ID	Response
Disclosure and Transparency			
	<p>The charity discloses the number of paid staff who satisfies all of the following criteria:</p> <p>(a) the staff is a close member of the family³ belonging to the Executive Head⁴ or a governing board member of the charity;</p> <p>(b) the staff has received remuneration exceeding \$50,000 during the financial year.</p>		
29	<p>The information relating to the remuneration of the staff must be presented in bands of \$100,000.</p> <p>OR</p> <p>The charity discloses that there is no paid staff, being a close member of the family belonging to the Executive Head or a governing board member of the charity, who has received remuneration exceeding \$50,000 during the financial year.</p>	8.5	Complied
Public Image			
30	<p>The charity has a documented communication policy on the release of information about the charity and its activities across all media platforms.</p>	9.2	Complied

FINANCIAL STATEMENT

MUHAMMADIYAH HEALTH & DAY CARE CENTER STATEMENT OF FINANCIAL ACTIVITIES FOR THE FINANCIAL YEAR ENDED 31 MARCH 2021

	2021				2020			
	Unrestricted	Restricted		Total	Unrestricted	Restricted		Total
	General fund	Capital grant fund	CST matching grant fund		General fund	Capital grant fund	CST matching grant fund	
Note	\$	\$	\$	\$	\$	\$	\$	\$
INCOME								
Income from generated funds								
Voluntary income	254,592	96,448	-	351,040	227,852	-	256,901	484,753
Activities for generating funds	74,261	-	-	74,261	125,959	-	-	125,959
Income from charitable activities	1,096,422	-	-	1,096,422	1,210,162	-	-	1,210,162
Other income	1,878	-	-	1,878	349	-	-	349
TOTAL INCOME	1,427,153	96,448	-	1,523,601	1,564,322	-	256,901	1,821,223
EXPENDITURE								
Cost of generating funds	(19,214)	-	-	(19,214)	(50,030)	-	-	(50,030)
Cost of charitable activities	(122,899)	-	-	(122,899)	(315,139)	-	-	(315,139)
Governance costs	9 (1,071,730)	(56,537)	(357,913)	(1,486,180)	(1,033,336)	(40,223)	(149,161)	(1,222,720)
TOTAL EXPENDITURE	(1,213,843)	(56,537)	(357,913)	(1,628,293)	(1,398,505)	(40,223)	(149,161)	(1,587,889)
SURPLUS/(DEFICIT) FOR THE FINANCIAL YEAR	213,310	39,912	(357,913)	(104,691)	165,817	(40,223)	107,740	233,334
RECONCILIATION OF FUNDS								
At beginning of the financial year	620,738	50,875	782,789	1,454,402	454,921	91,098	675,049	1,221,068
Surplus/(Deficit) for the financial year	213,310	39,912	(357,913)	(104,691)	165,817	(40,223)	107,740	233,334
At end of the financial year	834,048	90,787	424,876	1,349,711	620,738	50,875	782,789	1,454,402

MUHAMMADIYAH HEALTH & DAY CARE CENTER STATEMENT OF CASH FLOWS FOR THE FINANCIAL YEAR ENDED 31 MARCH 2021

	Note	2021 \$	2020 \$
Operating activities			
Surplus for the financial year			
- Unrestricted Funds		213,310	165,817
- Restricted Funds		(318,001)	67,517
Adjustments for:			
Depreciation of plant and equipment		67,467	47,615
Interest income		(124)	(249)
Operating (deficit)/surplus before working capital changes		(37,348)	280,700
Changes in working capital:			
Other receivables		241,764	363,627
Other payables		(2,034)	15,714
Net changes in working capital		239,730	379,341
Cash flows generated from operating activities		202,382	660,041
Investing activities			
Purchase of plant and equipment		(139,833)	(20,795)
Interest received		124	249
Cash flows used in investing activities		(139,709)	(20,546)
Financing activities			
Amount owing to parent body		9,371	(6,557)
Cash flows generated/(used in) financing activities		9,371	(6,557)
Net increase in cash and cash equivalents		72,044	632,938
Cash and cash equivalents at the beginning of financial year		885,113	252,175
Cash and cash equivalents at the end of financial year	6	957,157	885,113